

Curriculum Vitae
Heidi Jill Lako-Adamson, MD, NRP, FAEMS

Personal Information

Name: Heidi Jill Lako-Adamson
Birth date: 11/28/1975
Address: 2215 18th St. S, Fargo, ND 58103
Office number (701) 364-1714
Cell phone (701) 371-1959
Email Address:
heidi.lako-adamson@sanfordhealth.org
lakoadamson@gmail.com

Education

7/2004-2007
Regions Hospital, St. Paul, Minnesota
Emergency Medicine Residency

7/2000-5/2004
University of North Dakota School of Medicine, Grand Forks,
North Dakota
Doctor of Medicine

8/1994-5/1998
North Dakota State University, Fargo, North Dakota
Zoology Major
Chemistry Major
Bachelor of Arts

8/1998-5/1999
FM Ambulance Paramedic School

Membership in Honorary/Professional Societies

AOA
ACEP
SAEM
Phi Kappa Phi
AMA
NDMA
NDEMS Association
NAEMSP

Licensure and certification

Emergency Medicine Board Certified (2007)
Emergency Medical Services Board Certified (2016)
Fellow of Academic Emergency Medical Services (2016)
Nationally Registered Paramedic

ACLS Experienced Provider instructor
ATLS Instructor
BLS

Committee/Residency activities

10/2004 – 2007

Associate Medical Director for Lakeview Ambulance
Stillwater, MN

12/2005 – 2007

Associate Medical Director for White Bear Ambulance
Service, White Bear Lake, MN

3/2005

Reviewed and revised emergency medical service protocols
for East Metro, St. Paul, MN

5/2005

Reviewed critical cases for EMS, East Metro, St. Paul, MN

10/1/2004 and 10/2/2007

Twin Cities Marathon Medical Director

11/2004 – 2007

NHL Minnesota Wild Medical Staff

5/2005

SAEM CPC competition participant

2/2006 – present

EMIG mentoring program

6/20065 – 2007

Teaching specialist (Emergency Medicine) at the University
of Minnesota Medical School

6/2006 – 2007

East Metro MCI resident coordinator

Work experience

7/2007- Present

Sanford Emergency Medicine Physician

7/2007-Present

Medical Director for:

FM Ambulance

Sanford EMS Education

Moorhead Fire

Fargo Fire

Hector International Airport Fire

Horace Rescue

Harwood Rescue

Glyndon Rescue

Felton Rescue

Ulen Rescue

Sabin Rescue
Hawley HERT
Wolverton Rescue
West Fargo PD
Cass County Sheriff Narcan Program
1/2008-Present
Surgical, Medical, & Women's Children PEER Reviewer
1/2012-Present
Thief River Falls Area Ambulance Service Medical Director
1/2015- Present
NDSCS Adjunct Instructor for the FM Ambulance Paramedic
Program
1/2015 – Present
Hillsboro Ambulance Service Medical Director
1/2015 – Present
Medical Review (Risk/Grievance) Medical Director
6/2015- Present
Code PEER Review Committee Chair
7/2014-Present
Emergency Response Committee Chair
7/2014-Present
Cardiac Arrest Reviewer for Sanford Health Fargo Region
4/2009 – 9/2015
Medical Executive/Board of Governors Voting Member for
Sanford Health Fargo Region
8/2000 - 7/2003
Innovis Health
Emergency Department Paramedic
3/1998 – 3/2006
F-M Ambulance Service, Inc
Emergency Medical Technician-Paramedic
6/2000 – 6/2004
Hunter ambulance
Liaison and EMT instructor

**National Association of Emergency Medical Service Physicians
Committees**

Standards and Clinical Practice Committee
Mobile Integrated Healthcare/Community Paramedic Committee
Rural EMS Committee
Education Committee
Program Committee
Membership Committee
Pediatrics Committee
Air Medical Committee
Disaster Management Committee